# Downwind of the Flames: Living with Fire and Smoke in the Mountain West

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### Our core team at Colorado State University



#### **Jeff Pierce**

Dept. of Atmospheric Science Aerosol Chemistry and Physics Theory, Modelling, Remote sensing

### **Emily Fischer**

Dept. of Atmospheric Science Atmospheric Chemistry Modelling, Remote sensing, Field work Diversity, Equity, Inclusion





#### Sheryl Magzamen

Dept. of Environmental and Radiological Health Science Environmental Epidemiology Connect pollution exposures to health outcomes

#### **Bonne Ford**

Dept. of Atmospheric Science Aerosols and remote sensing Remote sensing, Modelling, Data Analysis



But our collaborative network with smoke is much larger!



### Roadmap

**Smoke Trends and Future Projections** 

### Who is Breathing Wildfire Smoke?

Focus on smoke from local vs. distant fires

Intro to Epidemiology: Study designs for wildfire smoke health research

**Case Studies**: Washington 2012, Oregon 2013, and Colorado 2010 – 15, Colorado 2018 - 19:

- Does how we measure matter?
- What health impacts are we seeing?
- Comparing local and long-range smoke on secondary health outcomes
- Can animals help tell the story?

Food for Thought: Where do questions remain and how to stay safe



# Large wildfires correlate with spring-summer temperature in the western US



Westerling, Increasing western US forest wildfire activity: sensitivity to changes in the timing of spring, *Phil. Trans. R. Soc. B*, 2016.

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### Visually, the worst smoke day in August 2018 (8/20)





### Visually, the worst smoke day in August 2019 (8/7)







### Visually, the worst smoke day in August 2020 (8/21)







### Visually, the worst smoke day in July 2021 (7/21)



Image from Suomi NPP VIIRS, NASA Worldview: <u>https://worldview.earthdata.nasa.gov/</u>





# Based on present-day predictors of fire, burn area should increase in the Rockies across 15 climate models





### **Earth's Future**

Research Article 🛛 🖻 Open Access 🖉 😨 😨 😒

Past variance and future projections of the environmental conditions driving western U.S. summertime wildfire burn area

Steven J. Brey, Elizabeth A. Barnes, Jeffrey R. Pierce, Abigail L. S. Swann, Emily V. Fischer 🕿

First published: 17 July 2020 | https://doi.org/10.1029/2020EF001645

# Fine particulate matter (aerosols): PM<sub>2.5</sub>



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### PM<sub>2.5</sub> deposits predominately in the lower airways



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Falcon-Rodriguez et al., Frontiers of Immunology, 2016.

# Using an Earth System Model, we predict smoke to offset improvements in anthropogenic emissions in the future



Bonne Ford, Maria Val Martin, Sarah E. Zelasky, Emily V. Fischer, Susan C. Anenberg, Colette L. Heald, Jeffrey R. Pierce: Future Fire Impacts on Smoke Concentrations, Visibility, and Health in the Contiguous United States, *GeoHealth*, 2018.

# How do we understand how much smoke people are breathing?



### Quantifying exposure to wildfire smoke is a big challenge.



Taken by Ali Akherati, driving from Laramie to Fort Collins, CO 8/16



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Chemical Transport Models – Still struggle with many things, including: injection height, total emissions and their speciation; new fires, etc.



Slide courtesy of Emily Fischer



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Satellites – Can detect the plumes spatial extent, but usually can't tell us about surface impacts.



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#### Our daily PM<sub>2.5</sub> smoke maps: Combine surface monitor and satellite information



150.0 [ 100.0 75.0 50.0 50.0 25.0 10.0 5.0 2.5



Summertime particulate matter is getting worse in the western US.

2006 – 2020 trends in summer PM<sub>2.5</sub>



Katelyn O'Dell, Bonne Ford, Emily V. Fischer, and Jeffrey R. Pierce. (2019). Contribution of wildland-fire smoke to US  $PM_{2.5}$  and its influence on recent trends. ES&T. doi: 10.1021/acs.est.8b05430.



# Summertime particulate matter is getting worse in the western US. **It's the smoke!**

2006 – 2020 trends in summer PM<sub>2.5</sub>



Katelyn O'Dell, Bonne Ford, Emily V. Fischer, and Jeffrey R. Pierce. (2019). Contribution of wildland-fire smoke to US PM<sub>2.5</sub> and its influence on recent trends. ES&T. doi: 10.1021/acs.est.8b05430.



## Challenges in identifying smoke

- Currently not available in real time.
  - Working on real-time product with City of Fort Collins!
- Challenging to estimate in mountainous and remote regions.
  - Smoke concentrations greatly affected by topography.



# Overnight downslope flow August 15, 6:30 AM MDT



Image from GOES-16, NOAA AerosolWatch:



https://www.star.nesdis.noaa.gov/smcd/spb/aq/AerosolWatch/

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### October 22, 2020: Most of the smoke aloft?





### October 23, 2020: High clouds obscure picture



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  - Satellites alone struggle to tell us about smoke at the surface.
    - No info at night.
  - Few regulatory PM<sub>2.5</sub> monitors.



# We don't expect smoke in Estes to be the same as in Fort Collins!





# We can improve by including the growing, low-cost PurpleAir monitors!!





# ...especially in Estes Park!



## Smoke in Colorado: Local fires vs. long-range transport

Colorado as viewed by VIIRS, Aug 16, 2020



Large local fires with NoCo smoke impacts

- Relatively infrequent (e.g., 2012, 2020)
- High smoke concentrations (>100 µg m<sup>-3</sup>)
- High awareness
  - Smoke smell, fires in news, views of plumes

Western US as viewed by VIIRS, Aug 8, 2021



#### Transported smoke from western fires

- Several days in most years
- Lower smoke concentrations (<100 µg m<sup>-3</sup>)
- Lower awareness
  - No smoke smell, less local concern of fires

# Sometimes we're "lucky" enough to have both kinds of smoke!



August 21, 2020



# How to tell if it's local vs. long-range smoke? **Smell**!

• The species in smoke that cause the smell react away within 1 day. Smoke loses its smell!



- What did I notice in Fort Collins during August 18-24, 2020?
  - Smoky smell in the morning: local smoke draining down Poudre, mixed with California smoke (highest concentrations in morning)
  - No smoky smell in the afternoons/evenings but still visibly hazy and fairly high PM concentrations: Just California smoke

# Intro to air pollution epidemiology

#### **Traffic Related Air Pollution**

- **Predictable** PM<sub>2.5</sub> patterns of exposure over space and time
- **Consistent** set of **exposure assessment** tools:
  - Community: GIS, fixed-site monitors, dispersion models, land use regression, satellite data
  - Personal: personal monitors -> what's in the PM?
- **Flexibility** in **epidemiological** study designs:
  - **Prospective studies** (i.e., cohort)
  - Time-series studies
  - Natural experiments (e.g., policy changes, disasters)

Consistent, predictable exposure assessment leads to etiologic data



Neighborhood gradients for 1-nitropyrene (1-NP), a marker of diesel exposure exhaust, Seattle, WA (Source: Schulte et al. 2015) doi.org/10.1021/acs.est.5b03639

# TRAP and WFS epidemiology

#### Wildfire Smoke

- **Unpredictable** PM<sub>2.5</sub> patterns of exposure over space and time
- Variability in exposure assessment tools:
  - Ambient levels: chemical transport models, fixed-site monitors, satellite data, aircraft campaigns
  - Personal: occupational studies
- **Challenges** in epidemiological study designs:
  - Retrospective studies (including time series studies, case-crossover studies)
  - Prospective studies (Orr *et al.* 2020; Landguth *et al.* 2020) require rapid response at (currently) limited spatial extent
- Variable, unpredictable nature of smoke requires creativity for health assessment



Cameron Peak Fire from Fort Collins, CO. Oct 2020 Photo Credit: Ali Akherati, CSU

## Case-crossover study design

What is a case-crossover study design?

- An individual serves as their own control
- Eliminates need to adjust for confounding at the individual level
- Good for transient exposures, transient outcomes (e.g., early use was to understand if snow fall was associated with presenting to ED with MI (in Boston – shoveling...)

Example from the air pollution literature:

- Individual goes to the hospital on July 23<sup>rd</sup> for respiratory problems
- Can understand role of ozone and temperature in hospitalization by looking at *index day* (23<sup>rd</sup>) compared to other days
- Still investigates question at group level
- Assumes hospitalization is a rare and transient event
- Challenges in selecting referent period

July 1998									
Sun	Mon	Tue	Wed	Thu	Fri	Sat			
			1	2	3	4			
5	6	7	8	9	10	11			
12	13	14	15	16	17	18			
19	20	21	22	23	24	25			
26	27	28	29	30	31				





## Wildfire Smoke + Health

How do we measure smoke? What outcomes can we assess? Are there differences in health effects due to local smoke and long-range transport of smoke? Can animals help us understand health effects?

Funding from NASA and the AJ Kauvar Family Foundation

## Case Study #1: How do we measure smoke?

Washington State 2012 Wildfire Season [Lassman et al. 2017; Gan et al. 2017]

Initial study challenge: How do we quantify smoke?

**Exposure assessment tools:** 

- Chemical transport model (WRF-Chem)
- Ground-based monitoring network (EPA + WA DOE)
- MODIS satellite data on aerosol optical depth
   Smoke quantification:
- Geographically weighted regression (GWR)



Figure 1. Time series of the range (minimum to maximum) of ZIP code population-weighted PM<sub>2,5</sub> concentrations of wildfire smoke from 1 July to 31 October 2012 for WRF-Chem smoke, kriging smoke, and geographically weighted ridge regression (GWR) smoke by ecology region.

## Case Study #1: Blended Models

Washington State 2012 Wildfire Season [Lassman et al. 2017; Gan et al. 2017]



Odds ratios and (95% CI) for hospitalizations given a 10  $\mu$ g/m<sup>3</sup> increase in PM<sub>2.5</sub> in red (WRF-Chem) and in purple from GWR for lags 0 – 5 (single lag models).

- Asthma: effect estimates similar by exposure assessment method
- **COPD**: conflicting inference by exposure assessment method (e.g., lag day 0)
- **Pneumonia**: conflicting inference by exposure assessment method (e.g., lag day 3)
- All respiratory outcomes: differences in magnitude of effect

### Case Study #2: What outcomes can we measure?

Oregon 2013 Wildfire Season [Gan et al. 2020]

Oregon has unique All Payers All Claims (APAC) database that provides all HCU for residents over one year period

- Can we start to investigate other indicators of asthmarelated morbidity?
- Asthma-related morbidity tends to be lowest in summer months; does wildfire smoke over the summer period shift patterns of asthma health care utilization?

Fig. 1 Number of smokeimpacted days where WFS  $PM_{2.5} > 15 \ \mu g/m^3$  in Oregon State counties from 1 May 2013 to 30 September 2013. Fire locations are represented by triangles and are proportional to acres burned by the fire. Metropolitan areas are represented by circles.



## Case Study #2: What outcomes can we measure?

Oregon 2013 Wildfire Season [Gan et al. 2020]

Stratum-specific odds ratios (and 95% CI) for asthma health care utilization given a 10  $\mu$ g/m<sup>3</sup> increase in WFS PM<sub>2.5</sub> (same day association)

- Confirmation of previous patterns (e.g., ED visits, hospitalizations)
- Indication of sub-acute indicators for asthma-related morbidity
  - SABA prescription refills
  - Office visits

For all demographic groups

 No indication of significant increases in urgent case use, inpatient hospitalizations, or ambulance calls



## Case Study #3: Local and Long Range Smoke

#### Colorado Front Range 2010 – 2015



Study area: Colorado 2010 - 2015

Colorado: Study Area



5000

2500



Northern Colorado Regional Airport looking west, August 29<sup>th</sup>, 2015 Photo credit: Sheryl Magzamen, CSU



#### Case Study #3: Local and Long Range Smoke Colorado Front Range 2010 – 2015

Initial study challenge: How do we quantify smoke in a diverse topographical region? Exposure assessment tools:

- Ground-based monitoring network
- NOAA HMS smoke plume polygons **Smoke quantification:**
- [Smoothed surface of total PM<sub>2.5</sub> seasonal average PM<sub>2.5</sub> (non-smoke days) + smoke polygon present] = Wildfire smoke PM<sub>2.5</sub> (O'Dell *et al.* 2019) doi.org/10.1021/acs.est.8b05430



Satellite and NOAA smoke polygon images: Colorado 2010 - 2015

## Case Study #3: Local and Long Range Smoke

Colorado Front Range 2010 – 2015 Increased risk (and confidence bands) for hospitalizations given a 10  $\mu$ g/m<sup>3</sup> increase in wildfire smoke PM<sub>2.5</sub>

- All respiratory, asthma, and acute bronchitis were significant for smoke level three days prior to event
- Ischemic heart disease was significant for smoke level two days prior

#### Mortality data:

 Asthma deaths (3 days prior to event) and cardiac arrest deaths (same day as event) deaths were significantly associated with smoke





Cumulative effect (total wildfire smoke exposure up to three days prior to event) of a 10  $\mu$ g/m<sup>3</sup> increase in wildfire smoke  $PM_{2.5}$  on the risk for a cardiovascular + respiratory inpatient hospitalizations for selected fires and seasons

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## Case Study #3: Take aways

#### What could explain these findings?

- Hyperlocal nature of wildfire smoke: exposure misclassification
- Increased toxicity (e.g., oxidative potential) of aged smoke
  - Counterpoint: O'Dell *et al.* 2020 found increased
    levels of hazardous air pollutants in fresh smoke
  - Difficulty to assess retrospectively given exposure assessment methods



Metro Denver EPA AQS monitors (red box) and HMS smoke polygons, shaded by smoke intensity, August 5, 2018 (Source: Martenies et al. 2021)

 Emergency response associated with local fires (+ media + sensory indicators of smoke) promoted evacuation, mitigation, avoidance behaviors that protected residents from acute fire effects but also reduced exposures to smoke

O'Dell: doi.org/10.1021/acs.est.0c04497, Martenies: doi.org/10.1029/2020GH000347

## **Translational Medicine**

# Can production animals serve as sentinels for health effects of wildfire smoke?

### Case Study: Colorado, 2018 – 2019

[Beaupied, Martinez et al. 2021]

Funding from the Colorado State University One Health Institute

Why cows?

- Mammals: Similar respiratory and cardiovascular, and reproductive systems
- Studies in animal athletes (e.g., sled dogs and sport horses) and companion animals have demonstrated adverse effects of air pollution on cardiopulmonary function
- Production animals: large fraction of time spent outdoors and limited protection during extreme air pollution
- Dairy cows have long lifetimes and high metabolic demands associated with milk production



Photo credit: Heather Martinez, CSU

Colorado Northern Front Range 2018 – 2019 {

Initial study question: In agricultural areas with limited federal air quality monitoring, does ozone impact dairy cattle health? Exposure assessment tools:

- Ground-based monitoring network (O<sub>3</sub>, PM<sub>2.5</sub>, CO)
- NOAA HMS smoke plume polygons Epidemiologic study design:
- Time-series of air pollutants with daily milk production and somatic cell count, three dairies



Map of northeastern Colorado and parts of neighboring states. Colored circles show the locations of cattle-related agricultural activities and active oil and natural gas wells in relation to major roadways and urban areas.

#### **Colorado Northern Front Range 2018 – 2019**



Increase in somatic cell counts (cells/mL) and 95% confidence intervals (CI) for a 10-unit change in exposures

	Model 1		Model 2		Model 3			Model 4	Model 5	
	β	95% CI	β	95% CI	β	95% CI	β	95% CI	β	95% CI
Temp	28,700	17,700, 39,690	18,600	7,480, 29,780	51,000	38,630, 63,320	41,000	28,680, 53,340	14,500	3,400, 25,680
<b>PM</b> <sub>2.5</sub>			59,100	42,490, 75,620			60,980	44,200, 77,760	105,500	90,030, 121,050
<b>O</b> <sub>3</sub>					-29,200	-37,190, -21,120	-29,700	-37,520, -21,870	-13,000	-20,040, -5,980
CO									-12,200	-13,550, -10,840

#### With top 5% of $PM_{2.5}$ values (smoke days) removed

	Model 1		Model 2		Model 3			Model 4	Model 5		
	β	95% CI	β	95% CI	β	95% CI	β	95% CI	β	95% CI	
Temp	27,700	16,670, 38,650	5,900	-5,610, 17,490	50,300	38,010, 62,610	25,700	13,040, 38,370	6,600	-4,970, 18,130	
PM <sub>2.5</sub>			128,500	100,870, 156,040			128,300	101,210, 155,340	141,900	117,050, 166,720	
<b>O</b> <sub>3</sub>					-30,300	-38,440, -22,100	-26,200	-33,910, -18,590	-11,600	-18,650, -4,580	
CO									-12,000	-13,380, -10,670	

Changes in milk production (lbs./cow/day) and 95% confidence intervals (CI) for a 10-unit change in exposures

	Model 1		Model 2		Model 3			Model 4	Model 5	
	β	95% CI	β	95% CI	β	95% CI	β	95% CI	β	95% CI
Temp	-1.4	-1.8, -0.9	-0.9	-1.4, -0.5	-1.7	-2.2, -1.3	-1.4	-1.9, -0.9	-1.2	-1.7, -0.6
PM <sub>2.5</sub>			-2.5	-3.2, -1.8			-2.6	-3.3, -1.9	-3.5	-4.3, -2.6
<b>O</b> <sub>3</sub>					5.0	1.7, 8.3	6.1	0.3, 0.9	0.5	0.2, 0.86
CO									0.2	0.1, 0.2

#### With top 5% of PM<sub>2.5</sub> values removed

	Model 1		I 1 Model 2			Model 3	Model 4		Model 5	
	β	95% CI	β	95% CI	β	95% CI	β	95% CI	β	95% CI
Temp	-1.3	-1.7, -0.9	-0.9	-1.4, -0.4	-1.8	-2.3, -1.3	-1.4	-1.9, -0.8	-1.1	-1.6, -0.6
PM <sub>2.5</sub>			-2.5	-3.7, -1.3			-2.5	-3.7, -1.3	-3.4	-4.7, -2.1
<b>O</b> <sub>3</sub>					0.6	0.3, 0.9	0.6	0.3, 0.9	0.5	0.2, 0.8
CO									0.2	0.1, 0.3

## Cows: Take aways

- PM<sub>2.5</sub>, and not O<sub>3</sub>, was significantly associated with increases in inflammatory markers and decreases in milk production
  - Reduced health impacts of heat
- When high PM<sub>2.5</sub> (i.e., wildfire smoke days) were removed from the analysis, results for inflammatory markers were stronger
  - Results for milk production were similar
  - Indication of potential toxicity of PM<sub>2.5</sub> by source?
- Daily markers of inflammation and metabolic output in mammalian species possible due to nature of dairy production





Photo credit: freeimages.com

## Food for Thought

### What does the future hold?

## Keeping safe during wildfire smoke season



## Next Steps: Health effects of PM<sub>2.5</sub> by source

#### Where we excel:

- Traffic/point source air pollutants, both short-term and longterm health effects
- Short-term impacts of WFS on cardiorespiratory health care utilization

#### What we lack: differences by source

- Biomass burning results in different particle composition and toxicity due to fuel, burn intensity, transport, mixing
- Windows of susceptibility ("critical windows") known for limited set of outcomes

Holstius: doi.org/10.1289/ehp.1104515, Wilson: doi.org/10.1093/aje/kwx184





### Next Steps: Public health implications of land management decisions

#### Land management decisions:

- Balancing ecosystem health and natural fire regimes with preservation of human life and structures
- Feasibility of suppression

What we lack: integration of health impacts in downwind communities

- Short-term v. long term impacts
- Intensity, frequency, season for wildfires is changing



Results of analyses for 10 μg/m<sup>3</sup> increase in wildfire smoke PM<sub>2.5</sub> stratified by study site for all respiratory, asthma, and all cardiovascular ED visits by major population borough, Alaska 2015 - 2019 (Source: Hahn et al. 2021) doi.org/10.1029/2020GH000349

# Current Challenges: Public Health + Safety

Kodros et al. 2021: Collection efficiency of N95 masks have potential for protection during wildfire smoke events, particularly compared to other mask types doi.org/10.1029/2021GH000482

May et al. 2021: Low-cost filtration methods (box fan + high efficiency furnace filter) can effectively filter wildfire PM<sub>2.5</sub> doi.org/10.4209/aaqr.210046

Technology: AQI available on smartphones, operating systems, apps available, focus on market segementation (Hano et al. 2020) doi.org/10.3389/fpubh.2020.00143

Media: Attention to air quality, particularly as a national issues, to inform public



#### **Being Air Quality Aware** 7:10 1 Fort Collins 73° | Partly Cloudy Local air quality is available on the web (airnow.gov) and on smartphones. 150 52 - Moderate Air quality index is 52, which is similar to 100 vesterday at about this time. 200 Unhealthy for See More Sensitive Unhealthy 7:47pm 0 Groups Low Very Moderate 50 300 Unhealthy Low levels all day. Sunrise: 6:09AM A PRECIPITATION 0" in last o₩ 17 mph → 24 hours Hazardous Good next 24h. 500 0 720 16%



# **Being Air Quality Aware**

Cameron Peak Fire, Northern Colorado, August – October 2020



Fort Collins EPA Monitors



HMS Smoke Polygons 10/17/20



Fort Collins Purple Air Monitors

**Time series** of PM<sub>2.5</sub> October 1 – October 31, 2020. On peak smoke days in Fort Collins, two monitoring stations 13 km apart demonstrated high degree of variability.



# Being Air Quality Aware

EVLT's very own Purple Air monitor (map.purpleair.com)



Joanna easily handles installation



EVLT Sensor – Ready to go!



EVLT Sensor on the PA website



# Recommendation: Indoors generally much cleaner than outdoors during smoke events



Based on nearby outdoor and indoor PurpleAir monitors during the 2021 smoke season.

"Something you already know, now with numbers!"

O'Dell et al., submitted, 2021.

Health impact assessment: wildfire smoke mortality, **United States** 

O'Dell et al. 2021, GeoHealth

Wildfire smoke: Not just a western US problem

doi.org/10.1029/2021GH000457

(a) Total PM<sub>2.5</sub> attributable mortalities



(c) Percent of all mortalities attributable to total PM<sub>2.5</sub>



(b) Smoke PM<sub>2.5</sub> attributable mortalities



(d) Percent of all mortalities attributable to smoke PM<sub>2.5</sub>


## In summary

- Wildfire smoke poses new scientific challenges for the research community
  - Exposure assessment
  - Subclinical health effects
  - Long-term health effects
  - Repeated exposures of wildfire smoke
- Working to find creative solutions to research challenges
- We don't have the same policy levers for reductions in wildfire smoke as we do for other sources of PM<sub>2.5</sub>
  - Action required by people rather than the sources
  - Reliant on media to communicate messages on smoke and health
- Environmental injustice implications in smoke exposure
  - Repeated exposures and ability to mitigate/avoid exposures

CSU, NCAR, CDPHE and UAA Teams: Kevin Berg, Kirk Bol, Emily Fischer, Bonne Ford, Ryan Gan, Micah Hahn, Shantanu Jathar, Grace Kuiper, Jingyang Liu, Sheena Martenies, Kate O'Dell, Gabi Pfister, Jeff Pierce, Zoey Rosen, Olivia Sablan, Kellin Slater, John Volckens, Ander Wilson

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## Thank you

